

# Ingredient Guide



**LOOK INSIDE 21 mineral bath salts**  
Primary Essential Oil: FRANKINCENSE

**ORIGIN** | **DESCRIPTION**  
India  
*wildcrafted*  
A small abundant tree with pinnacle leaves and white or pale pink flowers. A milky juice is extended from tree and hardens on contact with air, resulting in an oleo gum resin.

**BENEFITS**  
\* Soothes and calms the mind, relaxing and deepening breathing  
\* Rejuvenates aging skin  
\* A skin tonic and is effective with inflammation, wounds and scars.



**CLOSE YOUR EYES 21 mineral bath salts**  
Primary Essential Oil: GERANIUM

**ORIGIN** | **DESCRIPTION**  
Egypt  
A hairy perennial shrub, often used in hedgerows which stands up to about one metre high (3 feet) with pointed leaves, serrated at the edges and pinkish-white flowers.

**BENEFITS**  
\* Eases symptoms associated with PMS, depression, stress, anxiety, tension, fluid retention, edema, eczema, shingles, menstrual irregularities.  
\* Creates a balance between oily and dry skin.



**OPEN YOUR EYES 21 mineral bath salts**  
Primary Essential Oils: EUCALYPTUS

**ORIGIN** | **DESCRIPTION**  
Australia  
*organic*  
The Australian blue-gum can sometimes reach 100 metres (300 feet) making it one of the highest trees in the world. Eucalyptus have long, narrow blue-green leaves, creamy white flowers and smooth pale bark.

**BENEFITS**  
\* Eases symptoms associated with: colds (decongestant), headaches, fatigue, muscular aches and pains .  
\* Relieves mental sluggishness.  
\* Soothes burns, blisters, cuts, wounds, skin infections and insect bites.  
\* Can boost the immune system.  
\* Soothes and calms whole body.



**INSTINCTUAL MOISTURIZING LOTION hydrating therapy blend**  
**AFFIRMING SCRUB MASQUE exfoliating & refining duo**  
Primary Essential Oil: GINGER

**ORIGIN** | **DESCRIPTION**  
Indonesia  
*wildcrafted*  
Ginger is a yellow amber color. Oil can vary in color from pale yellow to dark amber. Viscosity also ranges from medium to watery. This pungent oil has spicy, sharp, notes with hint of lemon and pepper.

**BENEFITS**  
\* Warming qualities ease feelings of loneliness or depression  
\* Energizing properties make ginger an aphrodisiac.  
\* Eases muscular aches or pains, and arthritis  
\* Stimulant aids in poor circulation  
\* Eases colds, flu, nausea, motion sickness and morning sickness



**VISIONARY CLEANSER sanitizer**  
Primary Essential Oil: JUNIPER

**ORIGIN** | **DESCRIPTION**  
France  
*wildcrafted*  
An evergreen shrub that grows up to 10 metres (30 feet). Has blue green needle-like leaves and small yellow flowers. Female trees produce a blue-black berry.

**BENEFITS**  
\* antiseptic and astringent  
\* Relieves anxiety, nervous tension, and mental exhaustion



**HARMONIZING SOAK TONIC bath conditioner**  
Primary Essential Oil: MANDARIN

**ORIGIN** | **DESCRIPTION**  
Italy  
Mandarin oils extracted from citrus reticulate from the Rutaceae family and is also known as European mandarin.

**BENEFITS**  
\* Antiseptic  
\* Calming, sedative  
\* Helps reduce the appearance of stretch marks.



**ELOQUENT TONER firming mist**  
Primary Essential Oil: TEA TREE OIL

**ORIGIN** | **DESCRIPTION**  
Australia  
A small tree similar to Cypress with needle-like leaves and heads of sessile yellow or purple flowers. Grows to about 7 metres (20 feet). Used by aborigines for a variety of medicinal purposes.

**BENEFITS**  
\* Immune-stimulant which increases the body's ability to fight off infection from bacteria, fungus and virus.  
\* Revives the mind and body  
\* Eases skin disorders including: acne, Burns, oily skin, athlete's foot and dandruff.



**INFINITELY LOVING OIL massage therapy blend**  
Primary Essential Oil & Extract: JASMINE

**ORIGIN** | **DESCRIPTION**  
China  
Jasmine is a fragile climbing evergreen shrub that can grow up to 10 metres (33 feet) high. It has dark green leaves and small white star-shaped flowers, which are picked at night when the aroma is most intense.

**BENEFITS**  
\* Anti-depressant  
\* Aphrodisiac  
\* Eases tension, stress and nervousness  
\* Revitalizes, restores energy  
\* Eases muscle pain  
\* Tones the skin  
\* Assists with stretch marks and scars



**INFINITELY WISE FRAGRANT MIST eau de toilette**  
Primary Essential Oil: LAVENDER

**ORIGIN** | **DESCRIPTION**  
France  
Lavender is an evergreen woody shrub about 1 meter high (3 feet) with grey-green narrow linear leaves and beautiful purple-blue flowers perched on a long stem.

**BENEFITS**  
\* Eases muscle aches and pains and arthritis and rheumatism.  
\* Tones the skin and is useful for skin disorders including abscesses, acne, oily skin, burns, sunburn, wounds, psoriasis  
\* Soothes and calms nerves  
\* Relieves tension and nervous exhaustion  
\* Relieves headaches and insomnia.